Graduation Matters Missoula Student Wellness Council March 4, 2015 Meeting Minutes

Present: Rebecca Morley, Heidi Boehm, Don Whalen, Jim Conkel, Paige Ely, Brandi Tyree, Anna Semple, Carol Ewen, Steve Gaskill, Brian Nerse, Miriam Richmand

Introductions and Welcome

Public comment-None

Work Group Updates:

**Behavior Health:** Youth forum is hosting a Missoula Data forum on April 21st 2015 that will focus on Kids Count, MPNA and YBRS. The purpose is to inform community members about what data is collected and how it is used. The Data Forum will also help others better focus on community needs. The group also hopes it will serve as a way to let our business community what our kids look like It will be free to the public.

The Behavior Health group is also interested in developing a Web Page for teachers to access health curriculum materials.

**Personal Wellness:**

Linda reported the procedures for allergic reactions are in place. She also presented the health page on the MCPS website. There are both parent and teacher resources.

**Nutrition**

The Nutrition Work group has new leadership and had a very productive meeting. The group plans on helping principals inventory school vending machines and on-campus sales to help them decide what their next best step is for implementing Smart Snacks in School Rule.

**Physical Activity**

The group has focused on getting activity breaks and brain breaks worked into student’s school days. Currently, all elementary schools have Take 10 curriculum. There has also been implementation of Brain Breaks in the Middle and High School students have helped with ideas and videos. Group has also begun Sqord implementation- trained 6 PE teachers to start implementing Sqord. Next steps are to try and have intramural sports after school for everyone.

School Health Index

Nutrition scored 82%

Personal Health -56% Anticipate Score will increase

Behavior Health scored an 88%

Physical Health according to High School PE teachers is around 75-77 % -basically because number of minutes a day for activity (required PE classes).

Team also talked about having FIT and Family Resource Specialists take survey.

Increasing Outreach

Group talked about the possibility of developing pages for each work group to be put on MCPS website. Group agreed that it must be in a prominent easy to see spot before much time should be spent on development. Members agreed MCPS website could be more parent friendly by adding a tab just for parents. It would be important for our logo to live on front page.

**Action:** Carol will ask Tracy if it would be possible to design a parent tab

Team also discussed submitting articles to the MCPS newsletter about on-going efforts and ideas for student wellness. Article must be in by the Thursday of each week-the newsletter comes out every Friday. If team members have an article they wish to submit they will send it to Carol.

Data Report

Team discussed developing a community data report. First step is to develop a list of what data district collects and what community agencies collect.

**Action:** Steve will discuss data collection possibilities with University group and contact Susan Hay Patrick to look into data collection resources for Collective Impact

**Action:** Carol will develop a list of district data

Team provided feedback for Food Bank Survey. Paige will make changes and pilot survey at one school.